

Coaching and mentoring programmes offered by the Gender Equality Service Centre:

CoMento Programme starts a new round in March 2023

For excellent female researchers in particular, it is necessary to plan their own careers strategically at an early stage. To support them, we offer the **CoMento Programme: Coaching & Mentoring for Women in Academia**.

The programme is aimed at female PhD-students from the 2nd year of their doctorate, PostDocs, and Habilitandinnen. Starting again in **March 2023**, CoMento will offer individual support and encouragement in career orientation and the development of one's own career strategy for a period of 18 months. The key elements of the programme are coaching and mentoring as well as workshops or seminars, which provide the opportunity to reflect on personal development, and networking with role models in Café CoMento.

Applications (CV and letter of motivation as one PDF) can be sent until **20**th **December 2022** to <u>Elena.Koestner@uni-bayreuth.de</u>.

• empower*MINT*^{Doc} – A programme for female students in STEM who want to do a doctorate starts in a new round in March 2023

The empower MINT^{Doc} programme supports female STEM students in their decision to do a doctorate. The aim is not to provide further training in a specific field, but rather to discuss the future career path.

Starting again in **March 2023**, the programme will offer individual support and encouragement in career orientation and the development of one's own career strategy for a period of 12 months. The key elements of the programme are peer mentoring as well as workshops or seminars, which provide the opportunity to reflect on personal development, and networking with role models.

There will be an **information meeting via Zoom on 22nd November 2022, at 6pm**. For the link, please send an email to to Elena.Koestner@uni-bayreuth.de.

Applications (CV and letter of motivation as one PDF) can be sent until **20**th **December 2022** to <u>Elena.Koestner@uni-bayreuth.de</u>.

• Coaching Programme for Women in Academia: Individual Coaching

All female scholars at UBT can apply for individual coaching sessions. These take place in English or in German. You can find more information here: https://www.frauenbeauftragte.uni-bayreuth.de/en/offers-announcements/coaching-programmesIndividual/index.html

There is no closing date for applications. Applications (CV and letter of motivation as one PDF) can be sent to Elena.Koestner@uni-bayreuth.de.

• Coaching Programme for Women in Academia: Group coaching

PhD candidates, PostDocs, Habilitandinnen of the UBT, who already have experience in coaching, can also apply for group coaching. You can find more information here: https://www.frauenbeauftragte.uni-bayreuth.de/en/offers-announcements/coaching-programmesGroup/index.html

There is no closing date for applications. Applications (CV and letter of motivation as one PDF) can be sent to Elena.Koestner@uni-bayreuth.de.

Further information please visit <u>www.chancengleichheit.uni-bayreuth.de</u> or ask for a personal consultation with Dr. Elena Köstner.